



HARAPAN  
BANGSA  
BUSINESS  
SCHOOL

*Veritas vos liberabit*

No. 042/SP/CRC/ITHB/XI/2021



## CERTIFICATE OF APPRECIATION

awarded to

*Marissa Chitra Sulastra, M.Psi.*

*Psychology Lecturer at Universitas Kristen Maranatha*

for delivering online Seminar Mental Health on

*“Self Acceptance Through Self Compassion”*

conducted by Himpunan Mahasiswa Manajemen dan Online Business, on November 6<sup>th</sup>, 2021

Harapan Bangsa Business School

Head of Management and  
Online Business Department

**Dr. Laura Lahindah, S.E., M.M.**



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Director of Student Affairs and  
Career Resource Center

**Jusak Sali Kosasih, Ph.D.**